

Course Catalog

Spring 2024



GrandparentsAcademy.com

Love you, Grandma!



welcome

GrandparentsAcademy.com was inspired by intentional grandparents for intentional grandparents.

Grandparents can change the world, they certainly have mine. I've been blessed with several intentional grandparents in my life -- grandparents who taught me important life lessons and helped me grow. If you're reading this course catalog, I know that you are that type of grandparent. Thank you.

It's my sincere hope that the resources included in this Spring 2024 catalog will serve you as you grow meaningful relationships and rich legacies with your grandchildren. I've gathered world-class teachers to share their best insight, strategies and tips with you so you can make the rest of your grandparenting years, the best years -- and have a ton of fun along the way. Enjoy!

With love and gratitude,

- Aaron

Aaron Larsen
Founder, GrandparentsAcademy.com
aaron@grandparentsacademy.com



Questions

FAQS

How do I register for courses?

All registration is taken online via our secure website. Visit GrandparentsAcademy.com to view our courses and click the "Register" buttons to proceed to enrollment. Or, if you are viewing this catalog electronically, you can click the "Register" buttons within this PDF.

How do I attend courses?

Our courses are offered virtually online, which means that you can attend from anywhere with an internet connection, especially from the comfort of your own home. Once you register, you will receive instructions on how to watch course modules and attend any live video chats that are included.

How long do I have access to the courses?

GrandparentsAcademy.com students are allowed to download the course content and access it from their own devices forever. Additionally, we make it available in an exclusive students-only online portal, where you will be able to access it at your convenience.

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT US AT:
SUPPORT@GRANDPARENTSACADEMY.COM.



GOLD MEMBERSHIP

Why go for the **GOLD**?

- 1** Complimentary enrollment in select GrandparentsAcademy.com signature courses. (*\$294+ value*)
- 2** Exclusive discounts (50%) off all other courses. (*\$997+ value*)
- 3** Unlimited access to printable games, puzzles, Celebration Packs, and more from our ever-growing Resource Library. (*\$197+ value*)
- 4** Receive a copy of *The Legacy Gardener's Values Catalog*, filled with ideas and resources for cultivating important values. (*\$47 value*)
- 5** VIP All Access Passes (2x) to the annual Grandparents Week virtual conference. (*\$294 value*)

LEARN MORE

www.grandparentsacademy.com/gold

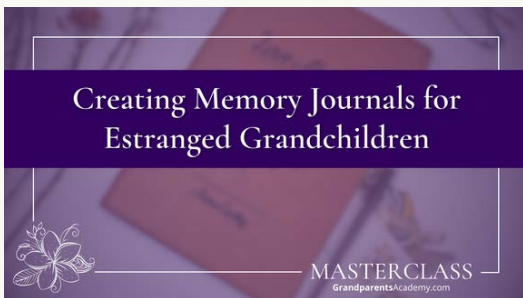
QUICK LOOK (A TO Z)



CULTIVATING VALUES WITH GRANDCHILDREN

Identify and intentionally cultivate important values in the lives of your grandchildren from any distance.

[REGISTER](#)



CREATING MEMORY JOURNALS FOR ESTRANGED GRANDCHILDREN

Make unique, heartfelt, and personalized journals for estranged grandchildren. Includes group support.

[REGISTER](#)



DEMENTIA DECODED FOR FAMILY CAREGIVERS

Proven strategies and insights for family caregivers of elders with dementia.

[REGISTER](#)



ELDER CARE ESSENTIALS FOR FAMILY CAREGIVERS

Practical knowledge and practical insights for caring for family members in the later stages of life.

[REGISTER](#)

QUICK LOOK (A TO Z)



FULLY ENGAGED AGING - A HOLISTIC APPROACH TO LATER LIFE WELLNESS

Meaningful activities, tips and insights for achieving your highest state of wellness in your later years.

[REGISTER](#)



GRANDPARENT ENTREPRENEURSHIP

First steps to starting a legacy-driven business with your grandchildren.

[REGISTER](#)



GRANDPARENTING FROM A DISTANCE

Proven strategies for connecting long distance grandparents with grandchildren.

[REGISTER](#)



GRANDPARENTS RIGHTS 101 FOR ALIENATED GRANDPARENTS

Essential information on grandparents rights and navigating family court for alienated grandparents.

[REGISTER](#)

QUICK LOOK (A TO Z)



GROW YOUR DIGITAL LEGACY

Where and how to interact with your grandkids online to cultivate a lasting legacy.

[REGISTER](#)



INTENTIONAL GRANDFATHERING

For grandfathers ready to level up their influence and impact with grandkids.

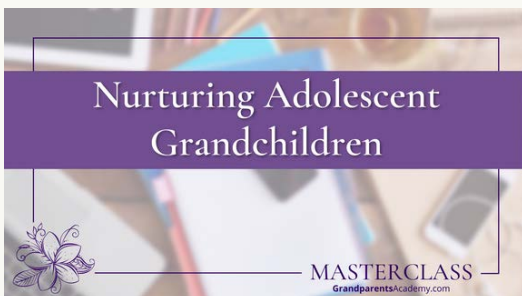
[REGISTER](#)



NEW GRANDPARENT FIRST STEPS TO SUCCESS

Equipping new grandparents with the tools needed to get off to your best start.

[REGISTER](#)



NURTURING ADOLESCENT GRANDCHILDREN

Strategies for connecting and preparing adolescent grandchildren (ages 12 - 20) for adulthood.

[REGISTER](#)

QUICK LOOK (A TO Z)



ONLINE RECONCILIATION STRATEGIES FOR ALIENATED GRANDPARENTS

Shows alienated grandparents how to effectively leverage the internet in reconciliation efforts.

[REGISTER](#)



PRESERVING & SHARING YOUR FAMILY HISTORY WITH GRANDCHILDREN

How to mine family history for treasured memories and pass them on to your grandkids.

[REGISTER](#)



PROACTIVE LEGACY GRANDPARENTING

Featuring Linda & Richard Eyre's T.E.A.M. approach to three-generation family management.

[REGISTER](#)



TEACHING GRANDCHILDREN FINANCIAL LITERACY

Equip your grandchildren with a solid understanding of finances to fund their dreams.

[REGISTER](#)

JOIN US FOR GRANDPARENTS WEEK!

SEPTEMBER 8 - 14, 2024



Grandparents Week is the largest virtual celebration and educational conference for grandparents of its kind. Kicking off on National Grandparents Day, from September 8th through the 14th, it's a full week of presentations, mini-classes and giveaways to honor grandparents (and have a ton of fun). Plus, it's free!

TOPICS INCLUDE:

- Modern Grandparenting Strategies
- Grandparenting from a Distance
- Nurturing Adolescent Grandchildren
- New Grandparents Tips
- Navigating Family Conflict
- Tech Resources for Grandparents
- And more!

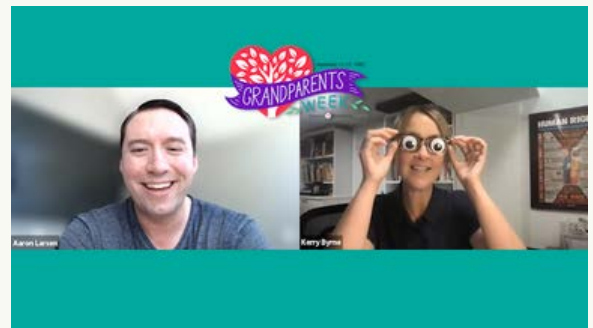
There will be more than a dozen presentations plus, a GrandTech Showcase, giveaways, and more!

No cost to attend. Grandparents can enjoy from the comfort of their own homes. All that is needed is an internet connection.

**Pre-register today to be entered into the pre-event giveaways!*

PRE-REGISTER

Claim your free ticket today at:
www.grandparentsweek.com



Aaron Larsen interviews Dr. Kerry Byrne about long distance grandparenting tips during Grandparents Week 2022.

WHAT ATTENDEES SAY

"I am amazed at the amount of support and ideas this week provided me in my role as a grandparent. I would definitely recommend attending!"

"Worth every minute to tune in and gain ideas for new to seasoned grandparents."

"I loved listening to the speakers, but most importantly, I loved that it was a weeklong celebration!"



COURSES

Full Descriptions
(A - Z)



CULTIVATING VALUES WITH GRANDCHILDREN

Grandparents are in a unique position to cultivate important values and help their grandchildren develop strong, healthy and positive character traits that will serve them for the rest of their lives. Values such as Faith, Courage, Perseverance, Compassion, Honesty, and more. Using the Legacy Gardening™ framework and process, you'll learn how to identify and intentionally cultivate important values within each of your grandchildren from any distance.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$147



Gold Member - FREE

REGISTER

www.grandparentsacademy.com/courses

Creating Memory Journals for Estranged Grandchildren



MASTERCLASS
GrandparentsAcademy.com

CREATING MEMORY JOURNALS FOR ESTRANGED GRANDCHILDREN

Led by instructor and Reconciliation Coach Aaron Larsen, this guided, peer supported masterclass experience offers a beacon of hope and a tangible step forward for alienated and estranged grandparents. This unique 30-day workshop is designed to guide you through creating a heartfelt keepsake memory journal that will one day bridge the gap between you and your estranged grandchildren, demonstrating your unwavering love, sharing your legacy, and facilitating reconnection.

April 2024 (Additional Offerings TBD)

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$47

 **Gold Member - \$23.50**

REGISTER

www.grandparentsacademy.com/courses



DEMENTIA DECODED FOR FAMILY CAREGIVERS

Many grandparents are currently or may someday be a caregiver for a family member with dementia, whether it be a parent, spouse, or another loved one. This masterclass taught by Pamela Atwood, M.A., CDP will help you navigate common dementia misconceptions and barriers that accelerate caregiver burnout. You'll be equipped with proven strategies and insights to greatly assist you on your caregiving journey.

Dates TBA

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses



ELDER CARE ESSENTIALS FOR FAMILY CAREGIVERS

Caregiving for a family member can be one of the most challenging and rewarding experiences of your life. Proper preparation can make all the difference in preventing caregiver burnout. This masterclass taught by Pamela Atwood, M.A., CDP will equip you with the knowledge and practical insights that will serve you, and the loved one for whom you care, every step of the way.

Dates TBA

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses

Fully Engaged Aging




MASTERCLASS
GrandparentsAcademy.com

FULLY ENGAGED AGING - A HOLISTIC APPROACH TO LATER LIFE WELLNESS

To get the most out of your later years, it's important to take a holistic approach that keeps you engaged and thriving physically, emotionally, mentally, and socially. This masterclass taught by Pamela Atwood, M.A., CDP & Thomas Atwood, PA will guide you through meaningful activities, tips and insights for achieving your highest state of personal wellness – making the rest of your years, the best of your years.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses



RESOURCE LIBRARY

GrandparentsAcademy.com Gold Members receive access to an ever-growing library of resources tailor-made to spark fun and meaningful experiences with your grandchildren. This includes hundreds of ideas and activities such as coloring pages, word searches, and more that you can download, print and share together with your loved ones. Some include pre-written prompts to start important conversations about values, adventures, and more so you can help your grandchildren grow and develop strong, lasting relationships with them.

GET ACCESS

www.grandparentsacademy.com/gold



Grandparent Entrepreneurship



MASTERCLASS
GrandparentsAcademy.com

GRANDPARENT ENTREPRENEURSHIP

Starting a business in your grandparenting years can be an important chapter of the legacies you cultivate in the lives of your grandchildren. By including your grandchildren in the process you can instill vital life lessons, values, and real world wisdom that will give them an enormous head start towards fulfilling their own dreams. In this masterclass you'll learn the foundational elements of starting your own business and ways to include your grandchildren in the journey.

May 2024 (Dates TBA)

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$297



Gold Member - \$148.50

REGISTER

www.grandparentsacademy.com/courses

Grandparenting from a Distance

with Kerry Byrne, Ph.D.



MASTERCLASS
GrandparentsAcademy.com


GRANDPARENTING FROM A DISTANCE

The majority of grandparents have at least one grandchild living in another town. Though you may not be able to be physically present with them as much as you'd like, you CAN still grow fun and meaningful relationships with them by intentionally engaging with them from a distance. This masterclass, featuring guest instructor Kerry Byrne, Ph.D., will equip you with research-backed insights and proven strategies for effectively bridging the gap and overcoming distance related challenges long distance grandparents face.

Instant Access Now Available

SELF-PACED (ONLINE)

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses

Grandparents Rights 101

For Alienated Grandparents



MASTERCLASS
GrandparentsAcademy.com

GRANDPARENTS RIGHTS 101 FOR ALIENATED GRANDPARENTS

Pursuing the path of litigation to regain access to grandchildren can be costly. Before embarking on the journey, and spending thousands of dollars in legal fees, it's important to understand the basics of family court and grandparents rights. This masterclass, co-taught with an experienced family law attorney, provides essential information for alienated grandparents considering the path of litigation for gaining visitation or custodial rights of their grandchildren.

May 2024 (Dates TBA)

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$297



Gold Member - \$148.50

REGISTER

www.grandparentsacademy.com/courses

Grow Your Digital Legacy



MASTERCLASS
GrandparentsAcademy.com

GROW YOUR DIGITAL LEGACY

Grandkids spend a significant amount of time online. Are you there with them? How are you showing up and interacting with them there? Intentional grandparents can seize this opportunity to connect and cultivate fun, meaningful relationships with their grandchildren by leveraging the internet and the technology at your fingertips. This course provides step-by-step guidance on where and how to interact with your grandkids, as well as cultivate a digital legacy that your loved ones will cherish long after you're gone.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$147



Gold Member - FREE

REGISTER

www.grandparentsacademy.com/courses



Fun & Meaningful Social Posts Proven to Connect Families

OVER 500,000 SHARES (AND COUNTING)...

Looking for a way to connect and spark fun conversations with family using social media? Our posts are designed to do just that! They've been shared hundreds of thousands of times and generated more family conversations than we can keep track of. Find [GrandparentsAcademy.com](https://www.GrandparentsAcademy.com) on Instagram and Facebook today!



@grandparentsacademy



@grandparentsacademy

Intentional Grandfathering



MASTERCLASS
GrandparentsAcademy.com

INTENTIONAL GRANDFATHERING

Grandfathers have a unique and meaningful role to play in the development of grandchildren, yet they often find themselves behind the scenes, on the sidelines, or less engaged than they'd like to be. This masterclass taught by Greg Payne delivers a playbook for helping grandfathers level up their influence and impact.

Instant Access Now Available

SELF-PACED (ONLINE)

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses



NEW GRANDPARENT FIRST STEPS TO SUCCESS

Becoming a grandparent can be one of the greatest joys of your life. Being welcomed and embraced as an engaged and intentional grandparent by your grandchildren's parents is even better! It's important for you to start off on the right foot. This masterclass equips you with insights and strategies for fully embracing this new role, aligning with parents, and charting a path for many fulfilling years with your grandchildren.

Available Starting April 2024

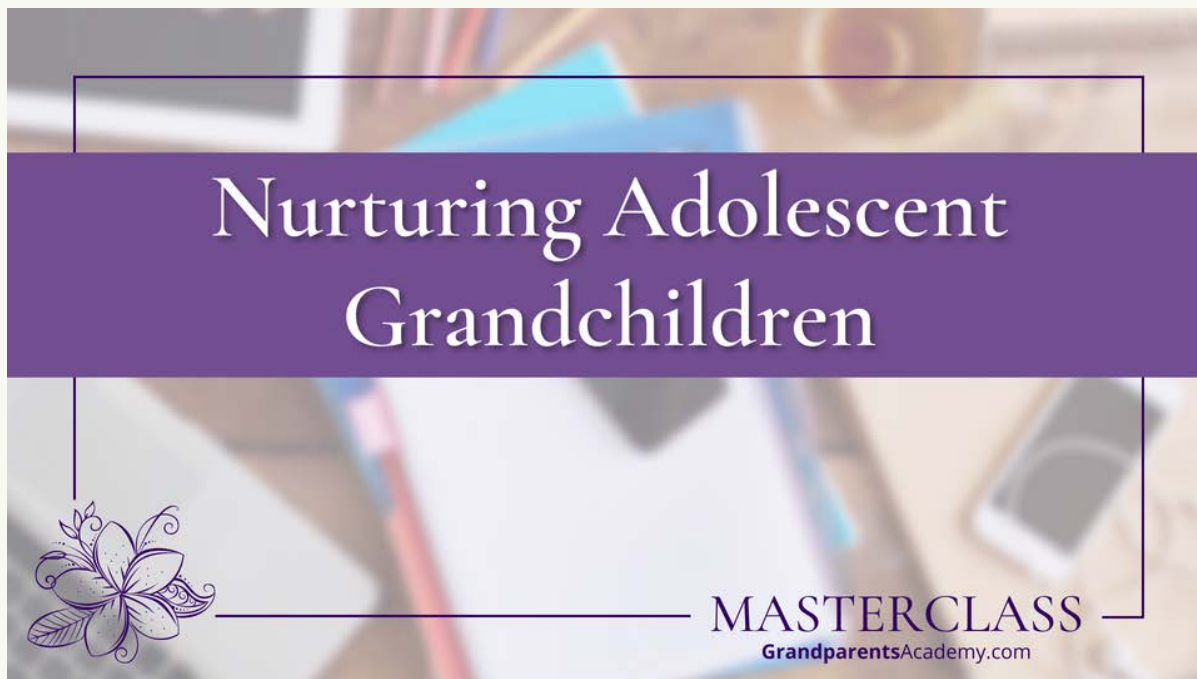
SELF-PACED (ONLINE)

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses




NURTURING ADOLESCENT GRANDCHILDREN

Adolescence is a critical period of time for grandchildren. It's a time of monumental change, uncertainty, and often life altering decisions. Intentional grandparents who are present and know how to be supportive in their grandchildren's development can play a big role in their adoption of important values, which ultimately influences the trajectory of their lives. This masterclass delivers helpful insights and strategies for connecting and guiding grandchildren from their teenage years into adulthood.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$47

 **Gold Member - \$23.50**

REGISTER

www.grandparentsacademy.com/courses



ONLINE RECONCILIATION STRATEGIES FOR ALIENATED GRANDPARENTS

The internet is often referred to as “The Great Equalizer”, in that it affords anyone the opportunity to access and share information. For alienated grandparents it can be a critical tool and catalyst for reconciliation. This masterclass provides tips and strategies for tactfully positioning and developing disconnected relationships, without crossing the line. It helps alienated grandparents be visible, known and prepare for reconciliation.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$147

 **Gold Member - \$73.50**

REGISTER

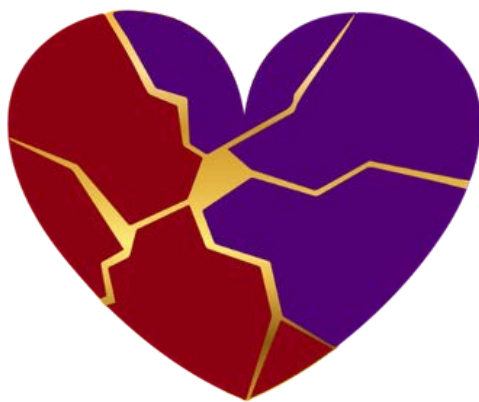
www.grandparentsacademy.com/courses

BETTER TOGETHER. STRONGER THAN EVER

INSPIRED BY THE ANCIENT JAPANESE ART OF *KINTSUGI* - IN WHICH BROKEN POTTERY IS MENDED AND ENHANCED WITH GOLD POWDER, WE'VE KEPT THE WORDS ABOVE AS THE THEME OF OUR SECOND ANNUAL RECONCILIATION SUMMIT BECAUSE WE KNOW THAT THERE CAN BE BEAUTY IN OUR BROKENNESS AND THAT THERE IS ALWAYS HOPE FOR A RECONCILIATION THAT BRINGS US BACK TOGETHER, STRONGER THAN EVER.

TO HELP YOU ALONG YOUR PATH, WE'VE GATHERED WORLD-CLASS EXPERTS FROM A VARIETY OF FIELDS INCLUDING PSYCHOLOGY, LAW, TECHNOLOGY, AND HEALTH TO SHARE THEIR BEST INSIGHTS AND RECOMMENDATIONS THROUGH A COLLECTION OF INTERVIEWS.

IF YOU ARE GRANDPARENT SEEKING RECONCILIATION, JOIN US FOR THE RECONCILIATION SUMMIT THIS JUNE 14 - 16, 2024. GENERAL ADMISSION IS FREE. REGISTER TODAY.



RECONCILIATION

SUMMIT

2024

HOSTED BY



REGISTER

www.reconciliationsummit.com



PRESERVING & SHARING YOUR FAMILY HISTORY WITH GRANDCHILDREN

Grandchildren look to their grandparents for insights and stories from their family history. Grandparents are often the de facto keepers of family history, which often looks like dusty stacks of photo albums, tapes, and perhaps even reels. This masterclass helps mine your family history archives for the stories worth passing on. You'll learn methods for preserving those memories to last for generations.

May 2024 (Dates TBA)

ONLINE RECORDINGS + LIVE Q&A

Regular Price - \$97

 **Gold Member - \$48.50**

REGISTER

www.grandparentsacademy.com/courses

Proactive Legacy Grandparenting

Featuring the T.E.A.M. Approach to Three-Generation Family Management

with Linda and Richard Eyre
New York Times #1 Bestselling Authors



MASTERCLASS
GrandparentsAcademy.com

PROACTIVE LEGACY GRANDPARENTING:

FEATURING THE T.E.A.M. APPROACH TO THREE-GENERATION FAMILY MANAGEMENT

It is an increasingly challenging and divisive world, and grandparents are more needed than ever before to help younger generations thrive. In this highly engaging and entertaining Masterclass series, New York Times #1 bestselling authors Linda and Richard Eyre dive deep into the topic of proactive legacy grandparenting, and the unique T.E.A.M. approach they developed for three-generation family management that leads to better alignment, cooperation and powerful influence in the lives of your grandchildren and their parents.

May 1 - 31 (Weekly Calls | 5 Total)

LIVE ONLINE ZOOM SESSIONS

Regular Price - \$197

 **Gold Member - \$98.50**

REGISTER

www.grandparentsacademy.com/courses




TEACHING GRANDCHILDREN FINANCIAL LITERACY

With an ever-challenging economic environment, it's critical to provide grandchildren with a solid foundational understanding of finances. Grandparents can pour into them with proven principles for generating and managing finances effectively. This masterclass, featuring "The Retirement Coach" Roland Thompson, equips you with what you need to "teach them how to fish". Give them a head start to their financial future and the essential knowledge needed to fund their dreams.

Instant Access Now Available
SELF-PACED (ONLINE)

Regular Price - \$67

 **Gold Member - \$33.50**

REGISTER

www.grandparentsacademy.com/courses



Come Celebrate with Other Awesome Grandparents!

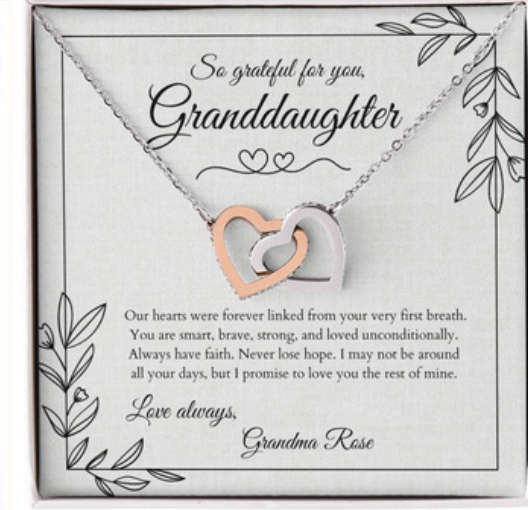
PRIVATE FACEBOOK GROUP | GRANDPARENTS ONLY

A fun, inspiring, and private community for grandparents of all ages and stages who truly love their grandkids and want to help them thrive. If you're on Facebook, and have not yet joined this group, you're missing out! Come join the party today, it's free!

JOIN THE GROUP

www.facebook.com/groups/grandparent

MEANINGFUL & PERSONALIZED GIFTS





Thank you!

*Nothing compares to the love that can exist
between grandparents and their grandchildren.*

Thank you for being an intentional grandparent. They may not say it, but your grandkids need you pouring into their lives now more than ever before. As a grandparent, you have a unique role, and with that the opportunity to go beyond the stereotypical "spoiling", and step into true significance. You have the opportunity to grow meaningful relationships and rich legacies with your grandchildren that will help them thrive long after you're gone. Now that is something worth pursuing! I hope you'll join thousands of other grandparents on this path to make a real difference. May these resources serve you well. Please don't hesitate to reach out with any comments, feedback or questions you may have.

With love and gratitude,

Aaron

Aaron Larsen
Founder, GrandparentsAcademy.com
aaron@grandparentsacademy.com



IN LOVING MEMORY



Grandma Grace

August 1928 - August 2023

Beloved Grandma, mentor, best friend,
and inspiration for GrandparentsAcademy.com

Course Catalog



grandparentsAcademy.com

Spring 2024